In Depth Training Seminar --- Reaching The Heart Ministries

DAY ONE

1. PREPARING HOW TO MINISTER (COUNSEL) PEOPLE

| 9:00am - 10:00am | MIKE "How Jesus reached into people's hearts to transform them" |
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| 10:00am – 11:00am | ELLEN "Demonstrating Compassion" |
| 11:00am – 11:15am | BREAK |
| 11:15am – 12:15pm | ELLEN "Proper attitudes to demonstrate towards people and their problems" |
| 12:15pm – 1:15pm | LUNCH |
| 1:15pm – 2:15pm | MIKE "Twelve reasons why a person cannot love their spouse" |
| 2:15pm – 3:15pm | ELLEN "Focus on the person" |
| 3:15pm – 3:30pm | BREAK |
| 3:30pm – 4:30pm | MIKE "Eight ways to motivate a person to resolve their problems" |

DAY TWO

2. IDENTIFYING AND RESOLVING EMOTIONAL ISSUES

| 9:00am – 10:00am | MIKE "Our response to pain" |
|-------------------|---|
| 10:00am – 11:00am | ELLEN "Identifying & resolving Emotional issues" |
| 11:00am – 11:15am | BREAK |
| 11:15am – 12:15pm | MIKE "Insensitive, Emotional detachment" |
| 12:15pm – 1:15pm | LUNCH |
| 1:15pm – 2:15pm | ELLEN "Abandonment / Neglect / Pride |
| 2:15pm – 3:15pm | MIKE "Rejection / Drained Emotionally / Rebellion" |
| 3:15pm – 3:30pm | BREAK |
| 3:30pm – 4:30pm | ELLEN "Expressive / Not Talked to" |

DAY THREE

3. IDENTIFYING AND RESOLVING PRESSURES / SPIRITUAL ISSUES & ABUSE ISSUES

9:00am – 10:00am MIKE "Expectations / Pressure to Perform / Dominance

10:00am – 11:00am ELLEN "Negative Thoughts / Temporal Values / Critical Judgmental

11:00am – 11:15am **BREAK**

11:15am – 12:15pm MIKE "Self Focus / Bitterness / Anger

12:15pm – 1:15pm **LUNCH**

1:15pm – 2:15pm **ELLEN** "Disassociation / Detached

2:15pm – 3:15pm MIKE "Hypocrisy / Ground given to the Enemy"

3:15pm – 3:30pm **BREAK**

3:30pm – 4:30pm **ELLEN** "Depression"

DAY FOUR

9:00am – 10:00am MIKE "Moral Failure"

10:00am – 11:00am ELLEN "Spiritual & Sexual Abuse"

11:00am – 11:15am **BREAK**

11:15am – 12:15pm **ELLEN** "Sexual Addiction"

12:15pm – 1:15pm **LUNCH**

1:15pm - 2:15pm **MIKE** "Prayer"

2:15pm - 3:15pm **ELLEN** "Self-Harm / Suicide

3:15pm - 3:30pm **BREAK**

3:30pm - 4:30pm ELLEN "How to live and care for a person that suffers from PTSD"

DAY FIVE

4. RELATIONSHIPS

9:00am – 10:00am MIKE "Identifying ones Core Issues"

10:00am – 11:00am ELLEN "How Couples Damage each other"

11:00am - 11:15am BREAK

11:15am – 12:15pm **ELLEN** "Developing Emotional Intimacy"

12:15pm - 1:15am **LUNCH**

1:15pm – 2:15pm **ELLEN** "Connecting to a Child's Heart"

2:15pm - 3:15pm **ELLEN** "Forgive"

3:15pm - 3:30pm **BREAK**

3:30pm – 4:30pm MIKE "The Reaching The Heart Counseling Model"